

Welcome to Holroyd Little Athletics, **Week 8**

## **Friday – 27 October**

As Friday approaches so does the rain, hopefully the forecast is incorrect as per usual. Athletics will still on only if

- The Council doesn't close the ground
- There is no rain forecast for 6.00pm

**Please don't contact committee members as information will be sent out if cancelled only via**

- WhatsApp
- Facebook
- Email
- webpage - [www.holroydlac.com](http://www.holroydlac.com)

### **Still looking for**

- **to train up as a starter** – please make contact on Friday when you arrive at the sign on at the officials table.
- Also looking for parents to **train up as part of our coaching team** for Wednesday training as some of our coaches have other commitments with their children on Wednesday, please come and talk to Matthew on Friday or Wednesday, there are coaching programs available online.

**Parent/Guardian Information** – PLEASE READ and talk to your children about these matters regarding athletes.

- Any child that misbehaves and doesn't listen to you as an age manager, should be brought up to the admin building, where their parents will be contacted, and they could miss events.
- Have you read your Rules & Guidelines in the pack, so you are prepared for the night
- **Please make sure all athletes doing shot or discus** – enter the circle from the back & leave from the back. As we progress to more important carnivals, they will be fouled every time.
- Information EVENT FACT SHEETS are in the folders, it important that the parents managing the events run them correctly, want to find out more, **please click on the links now and read so you are ready for Friday events**

[Discus](#)

[Shot Put](#)

[Long Jump](#)

[High Jump](#)

**3 Nov – Halloween Party @** Holroyd please see attached flyer sent last week. Dress Up competition night, lots of fun, so I hope you all got our costumes ready, the Holroyd top must be worn for the events run on the night.

**5 Nov – MWMZ Zone combined event U/7's – U/17's** – entries have closed, more information will be forwarded next week re the Combined Event.

**11-12 Nov – LANSW Valour State Relays**, Team selections have closed with Holroyd entering 10 teams, notifications have been forwarded. More information to follow, keep checking your emails for updates

**18 Nov – Region 7 Scamper for TT to U7's @** (Liverpool LAC) – Flyer Attached – entry on the day

**1-3 Dec – Zone Championships @ Girraween** - U7s to U17s – entry forms should be out next week, save the dates. This is the 1<sup>st</sup> step to LANSW State Championships

**MWMZ Garth Robinson Intercentre U/tt's – U/17's** – thanks to all the families that attended last Sunday, including parents & committee members that assisted on the day to help run the carnival. Holroyd was placed 3<sup>rd</sup> behind Girraween & Fairfield in the Holroyd Shield & 2<sup>nd</sup> in the Handicap Shield. Maybe next season – all we needed on the day was for more athletes in certain age groups to attend and compete. We won the Girls U8s, U11s & U13s Boys U7s, U10s & U11s well done, a great improvement on last year – full summary results on or web page.

The results for most track events are on ResultsHQ, field events have to be manually imputed so be patient they should be up by next week. As most of the Zone committee works and dedicate a lot of spare time into organising these events (all volunteers too).

- **Lost Property** – Lots of athletes drink bottles are being left behind each week, please check the on the window sill (maybe one belongs to your child), hate to throw them out.
- **WhatsApp** – this is for information sent out, should you wish to be contacted please email your mobile & name through.
- **Emails** – Go to all registered families, if you wish to add a family member, please email back.
- **Holroyd Website** – [www.holroydlac.com.au](http://www.holroydlac.com.au) has all the information you require.
  - Full newsletter from each week (News & updates)
  - Video from Friday nights (News & updates)
  - Upcoming carnivals (Event Calendar)
  - And lots more info available

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Donations to Holroyd – If anyone wants to donate for raffles or become a Sponsor (if you own a business) – please see Melissa.

Holroyd has our sponsors, **Thankyou Australian Fire Services, Sheila Sharma Physio, Prop Magic Sydney, and TrimsFresh Merrylands**, if anyone has a business and would like to sponsor Holroyd, please contact us.

**“Success in Participation, Not in Victory”**