### Friday – 8 December

Last night before our break, thank you to all the families that have supported Holroyd Little Athletics this half of the season, those that have officiated Friday nights and at Carnivals, donated items for the Cake stall and Christmas Raffle. Your support and attendance are important to keep Holroyd Little Athletics Centre going.

Wishing you and your families a Merry Christmas, Happy New Year and if travelling stay safe, see you all back on the 12 January 2024.

It is important to attend each Friday as this contributes to the end of Season presentation points. Athletes are required to return after the break to be eligible to attend the presentation in April 2024

Tonight's Christmas Event @ Holroyd Sports Ground – Uniforms required, can add some Christmas colours, to get into the Christmas spirit.

- Arrive early with Hamper Items
- Buy Raffle Tickets
- State Relay Presentation all athletes please bring medals for photos.
- Week 2 program with modifications
- Santa surprise Age groups called up.
- Free BBQ for athletes only after Santa visit, tickets issued. BBQ \$2.00 for parents and families
- Raffle draw and field events for athletes and siblings.

### **Christmas Hamper Raffle**

**Should families wish to donate items for the Hampers** (please bring to admin room) e.g., toys (new), Xmas favourites, cans of food, biscuits, chocolates etc (nothing outdated), and **perishable** items must be bought in on 8 December. All donations will be much appreciated.

Other great prizes to be won plus the Hampers – Tickets on sale as you arrive see Melissa.

- o 1 for \$5.00
- o 3 for \$10.00
- o 10 for \$20.00

Credit card and cash accepted. Please support Holroyd to help pay for Council bookings & our presentation, as we are here for all our athletes and families (without you and your children we could run on Fridays).

A big thankyou to all those that have donated and business in our local area, please support them during the holidays and let them know that you are from Holroyd LA's.

















Please buy tickets and good luck with the draw!!

## **Zone Championships Results** – U7s to U17s

Holroyd had 79 athletes entered, congratulation to the 39 and 2 x Boys relays athletes that qualified to compete at Region 7 on the 9-11 February 2024 @ Camden, change of venues.

Would like to thank all our Holroyd Officials that worked all weekend, supporting MWMZ, Glen Richardson (High), Maria McConville (announcer), Paul Brown & Simon Stewart (discus/Javelin), Rachel Matwisyk (Results) and Alinta Howard (Starter), Nicole and Emily Challinor (Walk judges). Without their assistance Holroyd would have to step up and provide more parents to officiate at Zone events.

U/7's athletes (don't progress to Region) our future champions, all did their best on the weekend congratulations, with medals going to

- Renee Alemeida 3<sup>rd</sup> Discus
- Moussa Gebara 1<sup>st</sup> Discus, 2<sup>nd</sup> Long Jump, 3<sup>rd</sup> 500m
- Zoya Kamara 2<sup>nd</sup> 500m, 3<sup>rd</sup> 70m, 3<sup>rd</sup> 100m
- Eileen Li 2<sup>nd</sup> Long Jump, 3<sup>rd</sup> 500m
- Viliami Sefanaia 3<sup>rd</sup> 70m

Full results available on our website **Event Calendar & Results** HLAC Full Results HLAC Region Qualifiers 2023

Registrations are now open to Multi-Class athletes for the Coles Regional for U9-U17's Championships, athletes must be classified, Region will be held 9-11 February 2024, link below 4

#### **REGISTER HERE**

<u>MWMZ Zone Combined event U/7's – U/17's – Rescheduled date will be 25<sup>th</sup> February 2024.</u> Please add to your social calendar so you don't forget. Reminders will be forwarded next year.

No refunds or new entries will be allowed, as per MWMZ meeting 21 November 2023.

**WhatsApp** – this is for information sent out, should you wish to be contacted please email your mobile & name through.

Holroyd Website - www.holroydlac.com.au has all the information you require.

- Full Hotline + videos from each week (News & updates) News & Updates
- Upcoming carnivals and information (Event Calendar) Event Calendar & Results

Holroyd Little Athletics like to thank our sponsors that have helped us with equipment funding.

Club Merrylands website for the grant donation this season, so why not join for \$5.00



Sheila Sharma Physio www.mobilephysiotherapy.org



# **Prop Magic Sydney** @propmagicsydney – for our donations of Holroyd Balloons







Australian Fire Services wahib@australianfire.net.au



TrimsFresh Merrylands www.facebook.com/hashtag/trimsfreshmerrylands



"Success in Participation, Not in Victory"